



Notice of Privacy Practices

This notice describes how medical information about you may be used and shared, and how you can get access to the information. Please read it carefully. The Health Insurance Portability and Accountability Act of 1996 (HIPAA) specifically protects data that could be used to identify you or your baby as the people associated with that health information. This data includes things like name, date of birth, address, phone number, email address, and demographic data. HIPAA protects whether the information is shared through oral, written, or recorded means (if you leave information on our voicemail, for example).

Your Personal Health Information

Milk donors: We collect personal health information from you during our intake process, from healthcare providers and blood laboratories, and through other means, as needed to complete our screening.

Milk recipients: We collect personal health information during the processes of registering, setting up an account, ordering milk, communicating with healthcare providers, and through other means, as needed to provide you with donor milk.

Any protected health information may be used in connection with our service to you, health care operations, milk processing, donor screening (for milk donors), or payment of your account (milk recipients). It is expected that any organization with which we share information is also HIPAA compliant, ensuring the security of your information.

Your Rights Under This Notice You have the right to:

- a) request inspection or a copy of your record
- b) change or update the information contained in your record
- c) ask when and with whom we have shared your health information
- d) request restrictions of access to your records (we will say "yes" unless a law requires us to share that information).

If you have questions or comments about this Notice, you can contact us using the information below. If you feel we have violated your rights, you can complain to our office by contacting us using the information given above. You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting <https://www.hhs.gov/hipaa/filing-a-complaint/index.html>.